

# MENU

## SENIOR CITIZENS

### STARTERS

Fresh Winter Vegetable Soup  
Choice of Fruit Juice

### MAIN COURSE

Prime Welsh Roast Silverside Beef  
Roast Pembrokeshire Turkey  
Mushroom & Chestnut Wellington served with Vegetables and  
Gluten Free Gravy (V) (Vegan)

*All main courses are served with Seasonal Vegetables and  
accompanied by own Rich Meat Gravy*

### DESSERT SELECTIONS

Winterberry Cheesecake  
Classic Christmas Pudding served with a Rich Brandy Sauce

# THE TOWERS

HOTEL & SPA